

Governors State University

Student Affairs and Enrollment Management: Reaching Vision 2020

Focus Area: Student Wellbeing

Leader(s): Kelly McCarthy

Implementation Year: 2016 - 2017

Goal 1: Develop students, those enrolled on campus and online, holistically by designing, implementing and assessing services and programs that encourage sustainable self-advocacy, independence, wellness, knowledge and life balance.

Objective 1:	Provide an assessment that demonstrates symptom reduction for those students that use counseling services.
Action Items	Students that use counseling services will assess themselves on a scale from 1 (low) to 8 (high) on stressors which distract them from the pursuit of their personal, educational and career goals at the beginning and end of counseling or at the end of the semester.
Indicators and Data Needed (Measures that will appraise progress towards the strategic objective)	Results from the assessment from each student that used counseling services.
Responsible Person and/or Unit (Data collection, analysis reporting)	Emily Petkus, Clinical Mental Health Counselor Katherine Helm-Lewis, Clinical Psychologist/Training Supervisor Counseling interns.
Milestones (Identify Timelines)	Beginning and end of counseling or at the end of the semester
Desired Outcomes and Achievements (Identify results expected)	65% of students surveyed will report a reduction of symptoms and the use of positive coping strategies.

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Objective 2:	Implement existing workshop on self-advocacy skills for incoming freshmen <i>and now include transfer students</i>
Action Items	<ul style="list-style-type: none">• Conduct Self-Advocacy workshop at each Freshmen and Transfer Orientation Program• Assess effectiveness of workshop
Indicators and Data Needed (Measures that will appraise progress towards the strategic objective)	Number of participants at each freshmen and transfer orientation program; Number of assessments collected
Responsible Person and/or Unit (Data collection, analysis reporting)	Robin Sweeney, Director of Student Disability Services
Milestones (Identify Timelines)	This will be accomplished during Summer 2016 Orientation and Spring 2017 Transfer Orientation.
Desired Outcomes and Achievements (Identify results expected)	Freshmen and transfer students will develop self-advocacy skill plan and demonstrate this skill 4 ways by completing self-assessment.

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Objective 3:	Coordinate sexual violence prevention programming for the student campus community and trainings for Resident Assistants, student orientation leaders and students in leadership positions on campus in partnership with the YWCA.
Action Items	<ul style="list-style-type: none"> • Schedule YWCA trainings in consultation with YWCA staff • Schedule sexual violence prevention programming • Assess programming
Indicators and Data Needed (Measures that will appraise progress towards the strategic objective)	Number of attendees at each YWCA training Number of attendees at each prevention programming event Results of on-site, and if available, YWCA evaluations
Responsible Person and/or Unit (Data collection, analysis reporting)	Kelly McCarthy, Assistant Vice President for Student Affairs and Director of the Counseling Center; and YWCA Metropolitan Chicago, Advocating for Sexual Prevention (ASAP) team and counseling interns
Milestones (Identify Timelines)	Two to three times during the fall 2016 semester and Sexual Assault Awareness Month (SAAM) events during the spring 2017 semester
Desired Outcomes and Achievements (Identify results expected)	Identify internal and external campus resources (YWCA partner) for victims of sexual violence; more than 10 students in attendance at each event